

Merton Bank Growth and Wellbeing Week Resource List

Day	Resources
Monday Brain Power	Ninja Stress Ball Flour, 2 balloons, Black pen Sensory Bag 2 food bags, Flour, Water, Beads, glitter or pompoms Rain Maker Cardboard tube, Card/paper, Rice, Items to decorate Positivity Jar Jar- jam jar etc
Tuesday Nature Day	Bird Feeder Lard, Seeds, Cardboard tube Nature Art Items from your nature walk e.g. leaves, twigs etc
Wednesday Community Heroes	Paper, Colouring resources- crayons, pens or pencils
Thursday The Great Merton Bank Bake Off	Pens, Paper, Ingredients for your baked goods
Friday Fitness Friday	Obstacle Course Space, Household equipment/items